



RIVERWOOD SQUARE

HARMONY COURT

...is a Supportive Housing residence designed with all of the comforts and intimacy of home with the added benefit of full time resident assistants providing a safe, caring environment that preserves the dignity and comfort of loved ones who can no longer live alone.

Harmony Court is the right choice for seniors who need caring 24 hour supervision and some assistance managing in daily activities. Our dedicated team will provide guidance with personal hygiene, dressing and medication reminders. We believe that no two people are alike, so the services and attention we provide should never be exactly the same. We provide a variety of lifestyle, service and care options. By providing these choices, we not only offer solutions for today, but we provide the security of knowing that there are options for tomorrow. At Harmony Court we focus on providing a high quality of daily living. The caring and dedicated team at Riverwood Square has a firm and professional commitment to the health and well being for all of our seniors.

COMFORTABLE SURROUNDINGS

Harmony Court's safe, luxurious bungalow style houses offer large open space with attention to natural light and the warmth of outdoors through the expansive floor to ceiling windows in all living areas. Each 1500 plus sq. ft bungalow is tastefully designed with a three season sun- room looking out to a cheerful, beautifully landscaped, secure courtyard. The spacious, common, living room offers comfortable and tasteful furnishings with a state of the art, flat- panel television and DVD player. Large windows offer scenic views to the historic red river and rambling oak trees. The warm fireplace provides a perfect setting for quiet relaxation or a chat with family and friends.

Our kitchen and dining room areas are tastefully designed to reflect the comforts of home. Modern appliances and exquisite cabinetry reflect warmth and luxury. The dining room décor provides a warm and homey environment where residents can enjoy their meal times.

Each bungalow or 'house' is designed with twelve spacious bed rooms. Our residents are invited to bring their personal treasures and furniture to personalize their room. Each bed room suite is designed for privacy, comfort and safety. Each suite has outlets for both cable and telephone. There are a variety of floor plans. Each plan offers floor to ceiling windows with an en suite 'senior friendly' three- piece bath, tastefully decorated with the Debbie Travis Collection.

NUTRITION

Health and nutrition is a high priority for the residents of Harmony Court. Home style meals are prepared in our industrial equipped on-site kitchen at Riverwood Square. Specific attention is focused on well balanced, nutritious meals. Our professional Red Seal chef prepares a variety of daily menus in accordance to the Canada Food Guide. Three meals a day are provided and residents choose from a variety of menu selections. Just like at home, there is always coffee, tea, fresh fruit, and nutritional snacks available. Seniors are welcome to participate in the activities and chores of meal time. They are encouraged to help with the chores they can do safely.

HEALTH & WELLNESS

Harmony Court's Supportive Housing environment offers today's senior an active lifestyle with many recreational and social activities. Our professional Recreational Coordinator plans activities and events to promote health and wellness. Activities are designed to promote physical activity such as walking tours, mini gardening and stretching exercise classes. Activities such as music therapy and games days are both fun and mentally stimulating. Socialization and interaction with friends is always encouraged. At Harmony Court we believe that our seniors should live their lives as they always have to maintain their independence and well being. It is our goal to provide the services that are needed for this healthy life style.

AMENITIES

At Riverwood Square we know that it is important for families to spend quality time with their loved ones. The many amenities at The Landing are there to enjoy for both the residents and families of Harmony Court. The many amenities of The Landing include our secure lush Courtyard with patio tables and chairs. Enjoy the sun and the brightly landscaped grounds by taking a stroll down the walking paths to the historic Red River.

The Theatre with the big screen and luxurious theatre style chairs, schedules movies from the oldies to the popular of today. The panoramic Riverview Dining Room obliges exquisite dining.

Enjoy a beverage of choice in the licensed Fireside Lounge. Spend time with your loved one in the comfortable library or play a game of Scrabble in the games room. The Billiards and Game Lounge, as well as the Health and Wellness Exercise Room offer many activities for families to participate and enjoy.

Many conveniences are also offered at The Landing. The Beauty Salon and Day Spa offers in house convenience for hair -styling, foot care and esthetician services. The 'tuck' shop is a convenient way to order the little personal necessities that may be needed. Riverwood Square also has a Guest suite for out of town visitors. At Riverwood Square it is all about comforts of home and convenience.

PHILOSOPHY OF CARE

Riverwood Square is an organization that provides exceptional hospitality service and quality care to each of our residents. We pride ourselves in our unique approach to enhancing the quality of life of each senior we serve. We strive to provide a warm, welcoming, home-like environment for our residents, family members, visitors and team members.

Riverwood Square is built on a commitment to our residents and their families. Our residents can expect a quality of life tied to our philosophy of service that upholds each tenant as an individual with needs and expectations.

We stop at nothing to make your experience warm and inviting, from our homelike exterior architecture, to our comfortable community areas and choice of suites to our exceptional outdoor gardens and landscaping.

We will meet these needs and expectations on such fundamentals of life as right to privacy, choice, safety, independence and a meaningful social life.

To provide that service, we believe in establishing, achieving and evaluating standards of service that maintain and enhance our commitment to changing needs and expectations of our residents.

Book a Tour

Seeing is believing. Riverwood Square provides private tours for your convenience. Call to arrange a personalized tour that suits your schedule. We are available anytime. Also, we invite you to enjoy a complimentary lunch or dinner. Arrange your complimentary meal along with your tour or come another time. For added convenience we have Open House Saturdays from 9am to 4pm-No Appointment necessary!!

RIVERWOOD SQUARE

1778 Pembina Hwy.

Winnipeg Mb. R3T 1R2

Ph. 275-7632

