



RIVERWOOD SQUARE

Retirement Living

Sample Menu

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>	
BREAKFAST	Breakfast A Selection of Continental Breakfast Items including fresh baked muffins, croissants, danish, fresh fruit and hot and cold cereals. A hot breakfast is also served once a week.	Continental	Continental	Continental	Continental	Hot Breakfast	Continental	
<i>There will be a variety of early morning snacks available</i>								
LUNCH	Your Choice of Entree #1 Your Choice of Entree #2	BLTC Salad with Breadstick Chicken Salad Sandwich Soup or Salad	Perogies and Kubasa with Fried onions Ham and Tomato on Rye Sandwich Soup or Salad	Fried Egg and Bacon Nip Tuna Salad Sandwich Soup or Salad	Chili in a Bread Bowl Salami on Rye Sandwich Soup or Salad	Rueben with French fries Egg Salad Sandwich Soup or Salad	Ham and Pineapple Pizza Cucumber and Cream Cheese Sandwich Soup or Salad	Whistle Dog with Potato Salad Deli Turkey Sandwich Soup or Salad
<i>There will be a variety of early afternoon snacks available</i>								
DINNER	Your Choice of Entree #1 Your Choice of Entree #2 Vegetable Dessert	Garlic Shrimp Skewers with Rice Pilaf Pineapple Chicken with Rice Pilaf Vegetable Medley Ice Cream	Veal Cutlet with Gravy and Mashed Potato Beef Lasagna Garlic Toast Baby Carrots Tiger Triple Chocolate	Baked Salmon Rustic Potatoes Beef Saute on Garlic Toast California Blend Lemon Mousse	BBQ Baby Back Ribs Baked Potato BBQ Chicken Baked Potato Coleslaw or Baked Beans Ice Cream	English Style Fish and Chips Honey Garlic Pork Asian Noodles Vegetables Chocolate Pear Almandine	Lemon Chicken Rice Pilaf Turkey Schnitzel With Mashed Potato and Gravy Green Beans Orange and Cream Shortcake	Roast Beef, Yorkshire Pudding and Mashed Potatoes Baked Ham, Scalloped Potato Creamed Corn Pecan Pie

Juices, milk, coffee or tea are available at every meal. Other Assorted Deli and Salad Sandwich choices are available everyday. Please ask your server for today's options.